



OCTOBER 2024



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

FALL BREAK- NO SCHOOL

29
A full school meal is choice of entrée, grain, fruit, vegetable, and a milk.

5
Milk and Juice are offered daily. Cups are available for water.

6
To be a complete meal, you must have 3/5 components and 1 must be a fruit or vegetable.

7
Oven Fried Chicken
Mashed Potatoes
Broccoli
Roll / Fruit

8
Chicken or Beef Taco
Black Beans
Spanish Rice
Fruit

9
Papa Johns or School Pizza
Green Beans
WG Cookie
Fruit

10
Sausage Scrambled Eggs
WG Biscuit or Pancake
Baked Apples
Mixed Veggies

11
Fish Sandwich on WG Bun
Oven Fries
Carrots
Fruit

12
Lunch Prices
K-5 \$4.75
6-8 \$5.00
Visitor \$5.50

13
Alternate entrees available daily:

14
Chicken Sandwich
Reg or Spicy
Tater Tots
Broccoli with Cheese
Fruit

15
Orange Chicken
Brown Rice
Stir Fry Vegetables
Egg Roll

16
Papa Johns or School Pizza
Green Beans
WG Cookie
Fruit

17
WG Penne with Meat Sauce or Marinara
Breadstick
Mixed Vegetables
Fruit

18
Roast Beef or Ham and Cheese on WG Bun
Curly Fries
Carrots
Fruit

20
Chicken wrap
Entrée salad
PB&J
Uncrustable

21
BBQ Chicken
Mashed Potatoes
Broccoli
Roll
Fruit

22
Chicken or Beef Taco
Refried Beans
Spanish Rice
Fruit

23
Papa Johns or School Pizza
Green Beans
WG Cookie
Fruit

24
Grilled Cheese Sandwich
Chili w/Beef
Fruit

25
Oven Free Day
Ham or Turkey Wrap
Chips
Fruit

27
Chicken and Dumplings or Chicken Tenders
Broccoli
Fruit

28
Chicken Teriyaki
Brown Rice
Peas
Egg Roll
Fruit

29
Papa Johns or School Pizza
Green Beans
WG Cookie
Fruit

30
Happy Halloween!
31
Beef Ravioli
Mixed Vegetables
Fruit
Dirt Pudding

1
2
Menu is subject to change.